

## 【英検®準2級】長文読解 6/8

Name: \_\_\_\_\_ / Date: \_\_\_\_\_ Score: \_\_\_/8 ⏳ 6 min

### A

From: Jack Morgan <[jack.morgan@forest-school.jp](mailto:jack.morgan@forest-school.jp)>

To: Lily Adams <[lily.adams@forest-school.jp](mailto:lily.adams@forest-school.jp)>

Date: October 6

Subject: Club presentation

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Dear Lily,

I hope you are doing well. I just wanted to remind you about our club presentation next week. You will first talk about why more students are interested in cooking these days, such as watching cooking videos online and helping their families at home. Then, I will explain what students  
5 can learn from cooking, including planning, safety, and teamwork. Finally, you will give some examples of simple dishes that beginners can try at home. Our presentation should be about ten minutes long, so we should keep our parts clear and easy to follow.

10 After our last meeting, I finished writing the notes for my part. I also made three slides to explain the skills students can learn through cooking. You said you were still choosing pictures for your last slide. If you want, I can look at your slides and give you some ideas. You can also check my slides and tell me if my examples are easy to understand. I think we are making good progress, and there is only a little more work  
15 to do.

We should practice one more time before the presentation. Let's meet this Thursday afternoon in the home economics room. So, we should send each other our slides by Wednesday evening. Then, we can practice with complete slides on Thursday. That will help us speak more  
20 confidently. Please let me know if that time is not convenient for you. Although I will not be available this weekend, we can meet during lunch time if necessary.

Thank you,

Jack Morgan

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(1) What is true about the presentation?

- 1 Jack will talk about why students are interested in cooking.
- 2 Lily will explain what students can learn from cooking.
- 3 The presentation will be about ten minutes long.
- 4 The presentation will be given this weekend.

(2) Jack Morgan thinks that

- 1 Lily has already finished all of her slides.
- 2 there is still a small amount of work left to do.
- 3 he needs to choose pictures for his last slide.
- 4 the presentation should be much shorter.

(3) What does Jack suggest to Lily?

- 1 Practicing in the home economics room on Thursday
- 2 Sending their slides on Thursday evening
- 3 Meeting this weekend for final practice
- 4 Asking their teacher to cook simple dishes

## **B**

### Learning to Cook

Cooking is an important skill that people can use throughout their lives. Some students think cooking is difficult, but learning basic cooking skills can be helpful in many ways. For example, people who can cook simple meals do not always have to buy food from restaurants or convenience stores.

Cooking can also help people make healthier choices. When people cook for themselves, they can choose fresh vegetables, reduce sugar, and use less salt. This can be good for their health. In addition, cooking at home may save money because buying ingredients is often cheaper than eating out.

However, learning to cook takes time and practice. Beginners may make mistakes, such as burning food or using the wrong amount of seasoning. Also, people must be careful with knives, hot water, and fire. For this reason, it is important to learn cooking safely.

Even so, many people believe that cooking is a useful skill. By starting with easy dishes and practicing little by little, students can become more confident. Cooking can help them become more independent and enjoy meals with their family and friends.

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(4) Why is cooking useful in daily life?

- 1 Because people can always eat at restaurants
- 2 Because people can prepare simple meals themselves
- 3 Because cooking does not take any practice
- 4 Because cooking is only necessary for adults

(5) How can cooking help people make healthier choices?

- 1 By letting them choose fresh vegetables
- 2 By making them eat more sugar
- 3 By stopping them from eating meals
- 4 By making restaurants cheaper

(6) Why must beginners be careful when cooking?

- 1 Because cooking is always expensive
- 2 Because they may use knives and fire
- 3 Because they cannot learn from mistakes
- 4 Because simple dishes are dangerous

(7) What is the main idea of the passage?

- 1 Cooking is useful, though it takes practice and care
- 2 Cooking should be done only by professional cooks
- 3 Students should avoid cooking at home
- 4 Eating out is always better than cooking